

What is claimed is:

1. A plastic food container with a pop-open lid, comprising:

a container body having a lower tab protruding outward from the body;

a removable and reclosable lid adapted to fit over and seal the top of the body in a closed position, the lid having an upper tab protruding outward from the lid, aligning with the lower tab in the closed position;

the lower and upper tabs including protrusions facing each other and arranged to contact each other in the closed position;

whereby, when outside edges of the upper and lower tabs are squeezed together by fingers of a user, the upper tab lifts the lid away from the body so as to open the container.